

TUESDAY 9 MARCH PROGRAMME

MUSCULOSKELETAL DISORDERS GALLERY RESTAURANT, 1ST FLOOR

Chair: Nicola Hunter, Chair, ACPOHE (Association of Chartered Physiotherapists in Occupational Health and Ergonomics) and Clinical Director, RehabWorks

8.00 **Registration, Hall 8**

9.15 **How to Get Sedentary Workers Active**

Leonie Dawson, Professional Officer, Chartered Society of Physiotherapy

10.00 **Managing MSDs in an Ageing Workforce**

Judith Pitt-Brooke, Senior Partner, Occupational Musculoskeletal Medicine, East Midlands Physiotherapy Clinic

10.30 **Exhibition and Workshop Theatres, Hall 8**

11.15 **Repetitive Strain Injuries – Building Resilience**

Remi Mobed, Senior Occupational Therapist, Cirque du Soleil

12.00 **Strategies for Coping with Knee Pain in the Workplace**

Dr Lee Herrington, Senior Lecturer in Sports Rehabilitation, University of Salford

12.45 **Exhibition and Workshop Theatres, Hall 8**

2.15 **Preventing and Managing Low Back Pain and it's Consequences**

Dr Nick Kendall, Health Services Consultant, kendallburton

2.45 **Risk Assessment for MSDs – Avoiding the Hazards**

Russell Fife, Consultant Ergonomist, Worksafe Training and Consultancy Ltd

3.15 **Exhibition and Workshop Theatres, Hall 8**

3.45 **Physiotherapy Intervention for Employees Suffering from Stress**

Sharon Greensill, Trust Physiotherapy Professional Lead, Mental Health Unit, Rotherham General Hospital

4.20 **Acupuncture Intervention for the Management of General Anxiety Disorder (GAD)**

Jennie Longbottom, Practice Principal, ALIED Limited and Lecturer, AACP

5.00 **Conference Ends**



Russell Fife



Dr Lee Herrington



Dr Nick Kendall



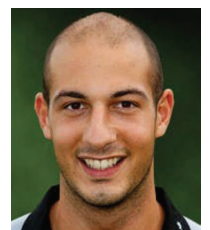
Judith Pitt-Brooke



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